

Your essential daily news | wednesday, february 10, 2016

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Chew on this: Food costs soaring

Local solution to be discussed on social media



With food costs rising and the price of cauliflower making headlines, a Nova Scotia non-profit organization is hosting an online

social media panel Wednesday night to discuss local solutions.

'My hope is that we have a conversation about food that begins with the cost of food and grows into something that's more multi-faceted, that takes into account some of the broader social, political, environmental concerns around food," Keltie Butler, executive director of Farmers' Markets of Nova Scotia, said Tuesday. "So many different angles have been discussed on this issue because people are so taken with this topic. It affects all of us. We're all eating food whether that's cauliflower or not.'

Butler said media coverage in recent months has focused on various aspects of rising food costs, but her organization wanted to discuss the role a local food system could play.

She expects the conversation to revolve around topics that include infrastructure, the demand for local food, and challenges faced by low-income

Nova Scotians.

"It will come up on our panel and it's very much a part of our awareness in terms of what the rising cost of food looks like for Nova Scotians who are on low incomes," she said. "The conversation will certainly not skirt around that reality.'

The panel will include smallscale farmer Ann Huntley, Dalhousie University College of Sustainability instructor Andrew Bergel and Aimee Carson of the Ecology Action Centre.

A spokesperson for Feed Nova Scotia said Tuesday data for the past two months isn't yet available, but anecdotally, some provincial food banks and their clien-

tele are feeling the pinch.
"It's concerning, but at the same time I wouldn't say the panic alarm is completely off," said Karen Theriault. "In the nonprofit sector, you're used to turbulence when times get tough. I feel confident our donor base will be there ... but we're sensitive to the challenges as well."

LIVE ONLINE

The live online panel discussion begins at 8 p.m. and can be viewed on the Farmers' Markets of Nova Scotia YouTube Channel. Participants can pose questions via the Farmers' Markets of Nova Scotia Facebook page and Twitter feed, @MarketFreshNS.

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MEURINEWS

Your essential daily news

Feds move to ban plastic microbeads from personal hygiene products. Canada

HAMMONDS DI AINS

Paul Calnen to appeal his murder conviction



A Hammonds Plains man found guilty of murdering his girlfriend is appealing his conviction.

Paul Calnen, 52, was convicted in November of second-degree murder and indecently interfering with human remains in the 2013 killing of his girlfriend,



Paul Cainen JEFF HARPER/METRO

34-year-old Reita Jordan. Calnen was sentenced in January to life in prison with no chance of parole for 15 years, along with a five-year concurrent sentence for the second charge.

On Monday, Calnen filed an appeal of the conviction in Nova Scotia Supreme Court.

Calnen — who's serving his sentence in the Atlantic Institution, a maximum-security prison in Renous, New Brunswick — filed the appeal based on multiple grounds.

The appeal alleges the trial judge, Justice James Chipman, erred in admitting Calnen's police interviews into evidence; in admitting text messages between the victim and a friend into evidence; in denying the defence's motion for a directed verdict; and in failing to properly instruct the jury on the use of after the fact conduct.



WESTJET

Police seeking caller in plane bomb threat

Police in Nova Scotia are asking for the public's help finding a man who called in a bomb threat to a flight leaving the airport last fall.

The RCMP say they responded to a bomb threat at the Halifax Stanfield International Airport at about 7 a.m. on Nov. 22, 2015. The threat was against WestJet flight 229 that had just left the terminal bound for Calgary.

The 69 passengers and six crew aboard the plane were

removed as police searched for explosives, but no explosive device was found anywhere on the plane.

Police say they received information that the threat was called in from a payphone at a gas station on Robie Street in Truro.

The caller is described as a white man with a raspy voice who was driving a light coloured SUV made between 2008 and 2012. ZANE WOODFORD/METRO

20-year-old man charged with murder of

his own father



Yvette d'Entremont Metro | Halifax

A 20-year-old man charged with the murder of his father will undergo a psychiatric assessment before his next court appearance.

Elias Lampe appeared in Halifax provincial court Tuesday, charged with second-degree murder and possession of a weapon for a dangerous purpose. He consented to remand and will be undergoing a psychiatric assessment at the East Coast Forensic Hospital.

His next court appearance is scheduled for March 10, at which point a decision will be made about his fitness to stand trial.

At about 10:13 p.m. on Jan. 21, Halifax Regional Police responded to an unknown trouble call in an apartment building at 10 Harlington Cres. in Clayton Park. Officers found Frank John Lampe, 58, dead in a hallway.

Shortly after, police took a 20-year-old man into custody near a Halifax Transit bus stop on Willett Street. The suspect was taken to hospital for treatment of life-threaten**DETAILS**

Halifax police were unable to provide further details about what led to the charges against Lampe.

ing injuries.

Homicide investigators arrested Elias Lampe without incident Monday morning after he was released from a Halifax hospital.





A cross country skier makes her way in Halifax on Tuesday. A major winter storm forced school closures, delayed flights and created difficult traffic conditions. ANDREW VAUGHAN/THE CANADIAN PRESS

'Pretty challenging' snowfall

Cleanup wasn't easy: Winter works head

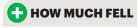


Zane Woodford Metro | Halifax

After a night of blizzard conditions that made snow clearing difficult, municipal staff were happy to see sunny skies on Tuesday.

Monday night's blizzard dropped between 14 and 46 centimetres of snow on the municipality.

Acting superintendent of winter works Trevor Harvie said the blizzard was the biggest storm his crews have had to deal with so far this winter,



Halifax airport: 46 cm

Dartmouth: 23 cm

Bedford: 17 cm

partly because it was "probably the most accumulation we've had," but also because of the wind pushing the snow back onto the road as plows tried to clear it away.

"The other ones were just mostly snowfalls and as we plowed it away, it stayed," he said at the Halifax Regional Municipality's transportation and public works depot Tuesday afternoon.

"We had a pretty challenging night - a lot of wind a lot of blowing snow non-stop — but for three hours after the snow stops, we've got a lot of streets down to bare asphalt."

Harvie said the snow stopped at 10 a.m. Tuesday, giving his crews till 10 p.m. to get the municipality's main arterial roads down to bare pavement.

He said Tuesday's partly sunny weather made that easier, heating up the asphalt, and requiring less salt.

Also working in Harvie's favour was the fact that the city remained all but shut down on Tuesday. Schools, some universities, CFB Halifax and HMC Dockyard kept their doors shut on Tuesday, while municipal offices, libraries and other uni-



A plow clears sidewalks in Halifax on Tuesday. Andrew VAUGHAN/ THE CANADIAN PRESS

versities delayed opening till the afternoon.

"Having some cancellations and office shutdowns definitely helped in the long run, keeping some traffic away from us," Harvie said, though he added it's always harder to clean up a snow storm through the week than on the weekend.

At the height of the storm

Monday night, Harvie said the municipality had 250 pieces of equipment on the streets working to push the snow away.

He said that number was closer to 100 during the day Tuesday, and crews would be working into the night on widening streets to the curb, and clearing sidewalks and bus stops.

🛟 ON SOCIAL MEDIA

Snow clearing gets mostly passing grades

The reviews are in, and the municipality's snow clearing effort after Monday night's blizzard is getting grades ranging from A+ to F-.

Metro Halifax put the question out on Facebook: What grade would you give the municipality after the latest storm?

Grades were generally favourable, though there was a divide between street snow clearing and sidewalk snow clearing.

"For our street, A but sidewalks an F, mine's only clear 'cause I did it my self," commented Facebook user Melodie Munroe.

It was the same story in Facebook user Miranda Grace's neighbourhood.

"The roads are great, but the side walks still aren't done," she commented. The one in front of my place is done only because I did it myself."

"A for people with cars, for people who use the sidewalks and paths F-, commented Facebook user Tristen Jardine.

Most commenters were happy with what they were seeing in their neighbourhoods in general, with many handing out A's and A+'s. HRM's acting superintendent of winter works Trevor Harvie said Tuesday afternoon he was receiving only a few complaints, with mostly positive feedback.

"I was actually really impressed in my area, commented Facebook user Nora Marie. "I live in Westphal and they really did a great job in my subdivision.

Some other commenters took a more cynical view of this year's enhanced snow clearing.

"Two words: Election Year," commented Facebook user Jason Lawrence

Students protest fee hikes outside board meeting

DALHOUSIE UNIVERSITY

'We need to do something about it': Union president



Dozens of Dalhousie University students stood ankle-deep in snow as they held up signs urging the school to freeze tuition rates, their chanting clearly heard inside a board of governors meeting.

Although the Halifax university was officially closed Tuesday for a snow day, the board met in the Henry Hicks Building to hear a report presented from the budget advisory committee that suggests raising tuition for all students by three per cent this fall, and then specifically 28 per cent for agriculture and 24 per cent for pharmacy and engineering over three years.

"Board members should know that these policies will affect actual people in an actual way, it's not just abstract numbers on a sheet," John Hutton, vice president academic and external of the Dalhousie Student Union (DSU), said outside the meeting.

The original rally on rejecting the tuition reset was



Dalhousie University students chant in protest against the proposed tuition hikes outside the school's board of governor's meeting Tuesday afternoon. HALEY RYAN/METRO

postponed when campus closed, Hutton said, but many students still wanted to come when they realized the board was still meeting.

Third-year students Derek Moreau and Jonatan Perrier-Daigle, both on the engineering student council, walked up from the Sexton campus with about 10 classmates to protest the hikes.

The snow might have stunted the rally's momentum, Moreau said, but it was important to ensure student's frustrations were heard.

"They've all been freaking out. Once you drop those numbers then people really start to

realize how much it is ... and that we need to do something about it," Moreau said about the proposed five per cent engineering increase for the next three years (\$1,906 total).

The report also suggests a 2.5 per cent (\$7.1 million) reduction to faculties and service units to balance the budget,

T STUDENT INPUT

Dalhousie student union president Dan Nicholson said it would be better to work with students to come up with alternative budgets that don't include tuition hikes, and have the school be a champion for more government funding.

which Perrier-Daigle said he's already seen the effects of with two disciplines in the engineering department asking student societies for funding in order to "revamp" programs and other projects.

Only about 10 students were allowed into the actual meeting, which president Richard Florizone said was due to security enforcing the fire code regulations, while 30 more stood directly outside the first-floor windows chanting and throwing the occasional snowball against the window.

Student union president Dan Nicholson told the board that with record levels of debt and youth unemployment, it would be ideal to see them listen to students instead of using the "outdated" model of tuition hikes to cover budget gaps.

"What we're asking you is really to keep open mind to the possibilities here, to look beyond just taking the easy path," Nicholson said.

TRANSPORTATION

Sambro Loop to get wider

The Sambro Loop will soon be easier and safer to use for those on two wheels or their feet.

On Tuesday, MLA Brendan Maguire announced the transportation department has set aside funds in the capital plan to create active transportation lanes on the Loop, which will widen the road for cyclists and pedestrians.

The lane will be in the section of road between Ketch Harbour and Harrietsfield, the province

"It's very encouraging," said Bill Campbell of Walk n Roll Halifax, a group advocating for safer streets for pedestrians or those using wheelchairs and strollers.

"This certainly will be an improvement to what's there

The area is a popular bike route, Campbell said, and although he has never felt uncomfortable while cycling there more people will hopefully be encouraged to bike with the wider road and pedestrians would definitely benefit.

"If I was walking along there and there's cars whizzing by, I'd feel more comfortable if I had at least a painted line and a little bit more width," Campbell said.

The provincial release said the multi-year project will see phase one begin this spring, with phase two of the lane project expected to be completed by spring 2017.

Campbell said for those interested in making active transportation easier and safer, there is a Passion for Place public lecture at the Maritime Museum of the Atlantic Wednesday night at 6:30 p.m. HALEY RYAN/METRO

James Taylor coming to Halifax in May

Legendary singer-songwriter James Taylor is making his way across Atlantic Canada this spring, including a stop in Halifax.

An Evening with James Taylor and His All-Star Band takes place at the Scotiabank Centre on May 17, Evenko and Live Nation announced Tuesday.

The five-time Grammy winner who started out with Sweet Baby James in 1970 has announced an upcoming North American tour, and the shows will include material from his latest album Before This World.

Tickets for the Halifax show go on sale next Friday, Feb. 19 at 10 a.m. and range from \$97.50 to \$131.00 (including tax and fees). They will be available at the Ticket Atlantic box office



at the Scotiabank Centre, participating Atlantic Superstores, by calling (902) 451-1221, or online at ticketatlantic.com, evenko.ca, and livenation.com.

Shows are reserved seating and open to all ages. Doors open at 7:30 p.m. and shows start at 8:30 p.m. METRO

Six new Canada Research

Chairs announced Dalhousie University

IN BRIEF

announced six new Canada Research Chairs on Tuesday.

They are innovative infrastructure researcher Dr. Pedram Sadeghian, sustainable seafood expert Dr. Megan Bailey, international shipping specialist Dr. Aldo Chircorp, autonomous underwater vehicle researcher Dr. David Barclay, children's pain specialist Dr. Christine Chambers and Resilience Research Centre chair Dr. Michael Unger, a Dalhousie news release said.

The Halifax postsecondary institution receives about \$5.7 million annually for its Canada Research Chairs, according to the news release

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CTV says it violated N.S. publication ban

Halifax branch aired footage of young offenders in August 2015

A provincial Justice Department official says ČTV News in Halifax has pleaded guilty to violating the Youth Criminal Justice Act by showing the faces of young offenders during a broadcast last August.

Halifax Regional Police say they received a complaint Aug. 25, alleging the two youths had appeared on the six o'clock news the previous night in a clip showing them leaving a courthouse.

Police say the news story dealt with a shooting in Cole Harbour,



A CTV Atlantic sign near Robie Street in Halifax. CTV News faces charges for a Youth Criminal Justice Act violation after airing a clip revealing the identities of two youths. JEFF HARPER/METRO

N.S., on Nov. 30, 2014.

The identities of the youths are protected from being published or broadcast under the Youth Criminal Justice Act.

A call to CTV News seeking comment was not immediately

A sentencing hearing has been scheduled for March 21 in Halifax provincial court. THE CANADIAN PRESS

CRIME

Pellet gun incidents are connected, police say

Halifax police are on the hunt for suspects who were shooting off a pellet gun Monday night.

Officers responded to four different complaints within about an hour and half of each other, with the first call coming at about 7 p.m. from the bus terminal at 7000 Mumford Rd., according to a Halifax Regional Police news release. Another call came at 8:20 p.m. from the 0 to 100 block of Drysdale Road.

"It's believed the damage was caused by a pellet gun," the news release said. "Police believe these incidents may be connected." METRO

Ex-coast guard, military staffers charged following drug probe

Two former employees of the Canadian Coast Guard and the Department of National Defence are facing charges in Halifax following a drug investigation with ties to Colombian and Mexican drug cartels.

The RCMP allege the pair used their positions to gain access to information for criminal intent.

The police investigation, which started in the spring of 2013, uncovered evidence of conspiracies to import cocaine from Antigua, Brazil, Colombia, Guyana and the United States.

When the RCMP first an-

nounced the results of their investigation last year, they said multiple charges had been laid against people in Ontario, Quebec and Nova Scotia.

The Mounties also confirmed that among those charged was Ryan James Wedding, a former Olympic snowboarder who lives in Montreal.

The RCMP said they seized vehicles, firearms, drug paraphernalia, cash and more than 200 kilograms of cocaine.

In April 2015, 15 people were charged with 45 offences, including conspiracy to import cocaine and trafficking cocaine.

Additional charges were laid

THE ACCUSED

Delbert William Meister of Halifax, a former employee of the Canadian Coast Guard, and Darlene Margaret Richards of Greenwood, who once worked with the Defence Department, have each been charged with breach of trust and possession of proceeds

Tuesday against two of those accused, both of them from Nova Scotia. THE CANADIAN PRESS

of crime.





Sting abuse of due process: Lawyer

PROSTITUTION

Undercover op to lure, catch johns being called unfair

Charging 27 Cape Breton men with obtaining sexual services is nothing more than an abuse of process by police, according to one defence lawyer who contends the charge against his client should be stayed.

Lawyer TJ McKeough said a sting operation by Cape Breton Regional Police last fall — dubbed John Be Gone — undermines society's sense of decency and fair play when it comes to criminal prosecution.

"It is clear that this was a fishing expedition by the police in which they provided the opportunity for members of the public to commit an offence in an effort to address an isolated problem they had previously failed to correct when addressed head-on," said McKeough.

Between last August and September, female undercover officers posed as prostitutes and strolled along Charlotte Street in Sydney. A total of 27 men from across the island were eventually charged with a new offence in the Criminal Code of communicating with anyone for the purpose of obtaining sexual services.

Some of the accused have already entered guilty pleas and were issued fines. Several others have entered not-guilty pleas and were assigned trial dates.

McKeough has filed a challenge to the charge under the Charter of Rights and Freedoms and a provincial court judge is expected to hear the argument

In his brief filed with the court, McKeough said the release of the names of the individuals charged by police during a press conference amounted to a public shaming which he said is akin to locking someone in stocks in



Some of the accused have entered guilty pleas. GETTY IMAGES

the town square.

"It is completely inappropriate for a police service to induce the commission of crimes, charge individuals, publicly shame them and then leave it to the court system to sort through the fallout," argues McKeough. TO MEDIA

Cheap dollar pays off for lobster haul

After being trapped by low shore prices in past years, this is a good season for lobster fishermen in southwestern Nova Scotia.

What's the catch? Many people are attributing the turnaround to the low Canadian dollar.

Fishermen were paid around \$6 a pound for their catches at the start of the season, compared to prices of \$4 and even closer to \$3 in recent years.

Last week the price had

climbed to around \$10 a pound — not so great for the consumer, perhaps, but good for the fishermen.

It's a case of a supply and demand as not as many fishermen are on the water at this time of the year, and those who are make less frequent trips. Markets have also grown and increased.

But the low Canadian dollar is making the most difference, especially since 75 per cent of the market goes to the U.S.



Man faces drug charges

A Wolfville man faces charges after police seized 160 grams of cocaine at his home Monday. The Valley Integrated Street Crime Enforcement Unit and Kings District RCMP also seized marijuana. Justin Balcom, 32, is charged with possession of a controlled substance for the purpose of trafficking.

Atlantic Liberals meeting

New Brunswick Premier Brian Gallant says the goal of Wednesday's meeting of Atlantic premiers and federal cabinet ministers from the region is to have an unprecedented level of co-operation. Gallant says the premiers and cabinet ministers, all Liberals, will discuss ways to strengthen the regional economy.

THE CANADIAN PRESS





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Arming Kurds a risk: Critics

MIDDLE EAST

Analysts fear Canada's plan could backfire

The government faces calls to reconsider its plan to arm Kurdish fighters with automatic weapons and mortars because they could fall into enemy hands or be used to harm innocent civilians.

Analysts warn that Canada's decision could have long-term consequences, even if it does assist its best ally on the ground in the fight against the militants of the Islamic State of Iraq and the Levant.

Canada will triple its contingent of 69 special forces trainers working with Kurdish Peshmerga forces in northern Iraq part of a retooled contribution that will also see CF-18 fighter jets end their bombing sorties there and in Syria.

A recent report by Amnesty International accused the Kurds of bulldozing and burning down thousands of Arab homes in northern Iraq in an apparent attempt to uproot them.

"The news that an increased contingent of Canadian troops will be involved in training and providing support to Peshmerga forces, therefore, potentially raises serious human rights concerns," said Alex Neve, the head of Amnesty's Canadian branch.

Thomas Juneau, a University of Ottawa Middle East security specialist, said arming the Kurds could lead to long-term pain of the region as well.

"The Kurds in Iraq and in Syria are among the most reliable fighting forces on the ground against (ISIL)," but they have aspirations for a country of their own, he warned, meaning Canada may be "playing against our long-term objective" of a united and stable Iraq.

Peggy Mason, president of the Rideau Institute, urged the government to reconsider the plan to arm the Kurds, noting there's a spotty history of weapons caches falling into the hands of ISIL throughout Libya, Syria and Iraq. THE CANADIAN PRESS



This Bernese dog was among 66 dogs seized by the BC SPCA in Langley, B.C. The organization said this was one of the largest puppy mill seizures in the province's history. CONTRIBUTED

66 dogs rescued in mill bust



Kieltvka Metro Vancouver

Sixty-six sick and neglected dogs - some with broken limbs or missing ears - were seized from a suspected puppy mill in Langley, B.C. in what the BC SPCA

calls one of the largest busts in the province's history. Criminal charges are being recommended against at least two people.

Învestigator Marcie Moriarty said puppies and dogs were confined to crates and cages in unheated, unsanitary buildings. Many require veterinary care as a result of the conditions.

The mill bred and sold many in-demand breeds, including Old English Sheepdogs and Bernese Mountain Dogs nationwide.

The BC SPCA is requesting blankets, towels and dog beds to keep the animals warm and comfortable at its Vancouver shelter, where many of the dogs are now being kept.

🛑 IN BRIEF

Microbeads to be banned

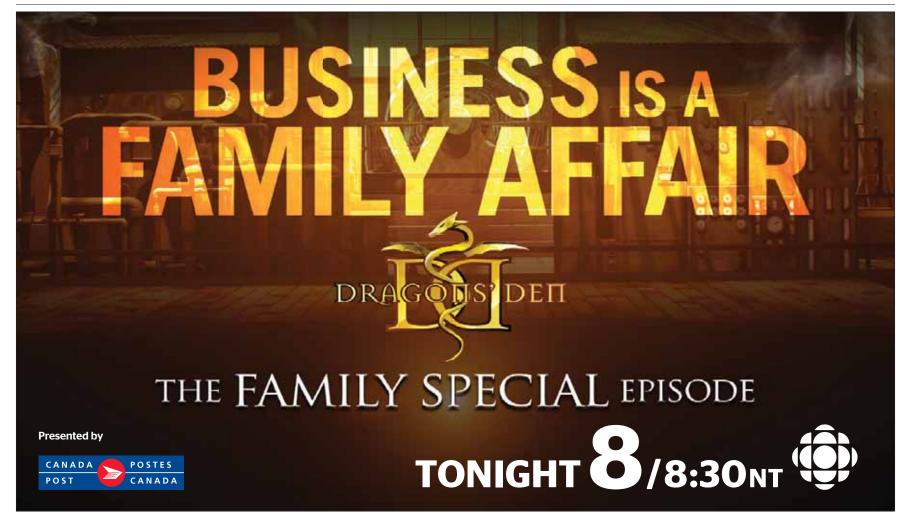
The federal government plans to ban two-millimetre microbeads from facial cleansers, toothpaste and other products by 2017. There is evidence the plastic accumulates in lakes and rivers. The government seeks public input. THE CANADIAN PRESS

NDP mistakes studied

A working group charged with examining the NDP's devastating election results says the NDP campaign lacked a strong narrative to grab voters attention. Their offer of cautious change was out of sync with people's desire for a dramatic break, the post-mortem suggests. THE CANADIAN PRESS

Mounties address safety

In the wake of the June 2014 shooting deaths of three Mounties in Moncton, N.B. the RCMP has completed 42 of the 64 recommendations contained in a January 2015 report, with a priority on safety, equipment including better access to shotguns and rifles — and training. THE CANADIAN PRESS



Early wins for Trump, Sanders

U.S. candidates considered to challenge the establishment

Bernie Sanders defeated Hillary Clinton in the New Hampshire primary Tuesday, and Donald Trump scored his first victory in a triumph of two candidates who have seized on Americans' anger at the political establishment.

Both outcomes would have been nearly unthinkable not long ago. Sanders, a democratic socialist, defeated Clinton, the former secretary of state once seen as the all-but-certain nominee. While Clinton remains the favourite in the national race for the Democratic nomination, the win by Sanders could be a springboard into a competitive primary campaign.

For Trump, the brash realestate magnate, the win was an important rebound after his loss

to Texas Sen. Ted Cruz in last week's Iowa caucuses, the first nominating contest. Trump has led national polls for months and the win reinforces his position as front-runner, proving his unorthodox, populist campaign can win primaries.

With Trump's victory, attention shifted to the runners-up. Several candidates needed a strong finish to ensure the survival of their campaigns. Marco Rubio, a 44-year-old Florida senator, hoped to build on a solid third-place finish in Iowa and brush off a rocky performance in the last debate. Former Florida Gov. Jeb Bush, Ohio Gov. John Kasich and New Jersey Gov. Chris



In a sign of Trump's impact on the race, two-thirds of Republican voters said they support a ban on Muslims entering the U.S., a position he proposed.

Christie needed to show voters, and crucial financial donors, that they're viable candidates.

Åt stake Tuesday were less than 1 per cent of the delegates who will choose nominees to succeed Obama in July. But a strong showing in New Hampshire can result in a wave of media coverage, donations and give a candidate momentum ahead of races in coming weeks, including the March 1 "Super Tuesday", when 11 states vote.

Republicans were more negative about their politicians than Democrats, with about half of Republican voters saying they felt betrayed by party officials, according to exit polls by Edison Research.

Among Democrats, Sanders, who narrowly lost Iowa, has appealed to liberal Democrats who believe Obama hasn't done enough to address the nation's wealth disparity. Clinton has cast herself as more pragmatic and able to achieve her agenda by working with Republicans. THE ASSOCIATED PRESS



Democratic presidential candidate Senator Bernie Sanders



Republican presidential candidate Donald Trump JILL COLVIN/THE ASSOCIATED PRESS

GOVERNANCE

U.A.E. to get a chief of glee

The prime minister of the United Arab Emirates has announced the creation of a new ministry of happiness in the Arab Gulf state.

But not everyone is smiling. Critics quickly took to Twitter to question how the U.A.E.'s human rights record and involvement in regional wars help make people happier.

The new Minister of State for Happiness, said Sheikh Mohammed bin Rashid Al Maktoum on Twitter, "will align and drive government policy to create social good and satisfaction." A Minister of State for Tolerance, meanwhile, will "promote tolerance as a fundamental value in U.A.E. society.'

The announcement comes amidst a larger government shakeup and news that the government would privatize some services.

In a series of tweets, Al Maktoum, who also serves as the ruler of Dubai, said he wanted a person under 25 to serve as the next minister overseeing youth issues. TORSTAR NEWS SERVICE



Police approach protesters in the Mong Kok district of Hong Kong, Tuesday. THE ASSOCIATED PRESS

LUNAR NEW YEAR

Hong Kong activists clash with police

Hong Kong's Lunar New Year celebration descended into chaos as protesters and police, who fired warning shots into the air, clashed over a street market selling fishballs and other local holiday delicacies, with dozens injured and more than 60 arrested.

The violence is the worst in

Hong Kong since pro-democracy protests rocked the city in 2014, leaving a growing trust gap between the public and authorities.

Activists angered over authorities' attempts to crack down on the food hawkers held running battles with police into early Tuesday. Protesters pelted officers with stones, glass bottles and other debris. Some threw garbage cans and plastic safety barriers. They also set fires on the street.

The unrest started when authorities tried to prevent unlicensed street food sellers from operating in Mong Kok, a work-

ing-class district. The hawkers have become a local tradition over the Lunar New Year but this year authorities tried to remove them. Activists objected over concerns that Hong Kong's local culture is disappearing as Beijing tightens its hold on the semiautonomous city. THE ASSOCIATED PRESS

Aleppo residents hoarding food

As government troops close in on Aleppo, some residents are preparing to flee Syria's largest city while others are hoarding food in case of a long siege, even laying out bread on rooftops to dry it out for storage.

The UN warned Tuesday that hundreds of thousands of people could be cut off from humanitarian aid as siege conditions tighten around the rebel-controlled eastern part of the city.

The threat of starvation haunts Aleppo's residents, who have seen images of emaciated children and adults from other blockaded parts of Syria. An estimated 1 million people are trapped in besieged areas, according to a report issued Tuesday by the Siege Watch project.

There is a lot of fear, especially after people saw Madaya," said opposition media activist Karam Almasri, referring to a besieged town in southern Syria.

"They don't want the same to happen to them," added Al-

Aleppo looms large in Syria's five-year-old conflict, both as the country's former commercial capital and a bastion of the opposition in the north. The city has been divided since 2012, with the government controlling the western portion, while the eastern part is held by insurgents. Many neighbourhoods and historic buildings have been ruined by street fighting and aerial bombardment.

A government offensive north of Aleppo has cut a vital opposition supply route from the Turkish border, leaving just one corridor from the east to the outside world. That route is squeezed between two govern-



Aleppo already is facing bread shortages because the price of diesel fuel has doubled in the past two weeks as supplies from Turkey have dwindled.

ment fronts to a border crossing farther west and is exposed to heavy bombardment by the Russian air force. Those air strikes are helping Syrian forces, supported by Iranian, Lebanese, and Iraqi militias, to advance.

The only other routes to the north are blocked by militants from the Islamic State of Iraq and the Levant (ISIL) and, to a lesser degree, by Kurdish forces.

Aid operations also have been disrupted. THE ASSOCIATED PRESS



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Billions lost in stock buyback

INVESTING

Companies lose collective \$126 billion in three years

If you think your stocks are doing poorly, check out the performance of some of the most sophisticated investors, the ones with more knowledge about what's going on inside businesses: companies that buy their own shares.

The companies losing money on these bets are down a collective \$126 billion US over the past three years, a decline of 15 per cent, according to a study prepared by FactSet.

Many corporations would have been better off investing that cash in an index fund instead of their own stock. The overall market rose 39 per cent over the same period. The companies could also have distributed that cash as dividends to shareholders.

When a company shells out money to buy its own shares, Wall Street usually cheers. The move makes the company's profit per share look better, and many think buybacks have played a key role pushing stocks higher in the sev-

en-year bull market.

But buybacks can also sap companies of cash that they could be using to grow for the future, no matter if the price

of those shares rises or falls. And the recent losses highlight another criticism: compan-

ies may be good at finding oil or selling bathroom trinkets, but they aren't always smart stock investors. Some corporations bought ever more of their own shares even as prices tripled from financial-crisis lows and several measures showed the market was overvalued.

"Whenever you see a buyback, the company always says, We think our stock is cheap," says Nicholas Colas, chief market strategist at brokerage ConvergEx Group.

Defenders of buybacks say they are a smart use of cash

The company

always says, 'We

think our stock is

cheap.

Nicholas Colas

when there are few other uses for it in a shaky global economy that makes it risky to expand. Critics say they divert funds from research and development, train-

ing and hiring, and the things that grow businesses in the long term.

"The company doing the most buybacks is often not investing enough in its business," says Fortuna Advisor CEO Gregory Milano, a consultant who has written several studies criticizing the purchases. THE ASSOCIATED PRESS

108,423 peo 6,593 shares

FRANCE FACEBOOK ACCUSED OF PRIVACY VIOLATIONS

Two agencies — the privacy watchdog CNIL and the government-linked General Direction for Competition, Consumer Affairs and Fraud Control — are accusing Facebook of tracking and using the personal data of more than 30 million users in France without their knowledge. CNIL said Facebook collects data about "political or religious opinions" and "sexual orientation," and also data of nonusers' Internet browsing for targeted advertising. ISTOCK

HAPPY BIRTHDAY LYRICS

Copyright suit settled

Music publisher Warner/ Chappell Music will return \$14 million US in fees to settle a lawsuit that challenges its claim to Happy Birthday, one of the world's best-known

A federal judge ruled in September that Warner/Chappell didn't own the lyrics and had no right to charge for their use.

Under terms of a settlement reached in December, Warner/ Chappell will give up its claims to the ubiquitous song and reimburse those who paid licensing fees.

THE ASSOCIATED PRESS

market minute



DOLLAR 72.05¢ (+0.28¢)



TSX 12,282.65 (-252.75)



OIL \$27.94 US (-\$1.75)



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METAVIEWS

Your essential daily news

Wednesday, February 10, 2016

URBAN ETIQUETTE ELLEN VANSTONE

Dear Ellen,

Seems this must be sexed time for our junior high schools. The students on my bus are letting a lot of people know in detail every part of sex ed, which makes some people cringe. The bus driver has even stopped the bus and asked them to please not talk so loud. Is there some kind of advice so I can make my life better for my 45-minute ride home?

Jack in Calgary

Dear Jack,

I support sex education in the schools 100 per cent. There is nothing "dirty" about learning the correct names for body parts and how human reproduction works. Ignorance or misunderstandings about the facts of life can be embarrassing at best, and dangerous at worst, for people who grow up without knowing the basics or who pick up misinformation from shamefilled, secretive or malicious sources.

You should also know that I have used a fair bit of profanity in my day. I spent a formative period of my youth in England amongst an invading horde of hard-drinking, sex-obsessed, foulmouthed Australians. After the initial shock wore off, I joined in with gusto.

Possibly it was a matter of self-defence; refusing to be intimidated, I tried to outdo them in the creative

Even if you don't find such language embarrassing or offensive, the fact is that many people do.

THE QUESTION

Seems this must be sex-ed time for our junior high schools. The loud-talking students on the city bus are letting a lot of people know about it — in detail. How can I make my life better for my 45-minute ride home?



application of profanity to every conceivable situation. I think my immature adolescent brain was confusing vulgarity with fearless intellectual independence. Immature adolescent brains can be quite obnoxious, as you have discovered on your daily bus ride.

Needless to say, working as a journalist has done little to rein in my habit of using coarse language.

However, in spite of my approval of tax-funded sex education, and my own indulgence and expertise in profanity, I absolutely agree with you that it's unacceptable for anybody to use coarse language or discuss sex in any kind of language, coarse or otherwise, in public

Even if you don't find such language embarrassing or offensive, the fact is that many people do. And it's inconsiderate, and therefore ill-mannered, to inflict your unwanted, uninvited, crude and cringe-making conversation on others.

There is no shortage of times and places that are suitable for filthy conversation. In the privacy of your own home, for example. Or at certain clubs or parties. Or the workplace, if you work with journalists, or stereotypical longshorepersons or sex workers. Or the Australian consulate.

Having said all that, I'm not sure what we can do to solve your problem. You could politely ask the kids to tone it down, or rely on the bus driver to threaten to throw them off the bus each day. It might eventually seep into their muddled young brains that their loud and lewd conversation is unacceptable.

But even nice, well-intentioned, well-brought-up kids aren't always aware of how obnoxious they're being when they're having giddy, boisterous fun in a group.

All I can suggest is that you invest in some high-quality (non-leaky) head-phones to listen to music or podcasts, or some earplugs to listen to nothing, during your daily commute.

Need advice? Email Ellen: scene@metronews.ca

The Democratic field of competing feminist dreams



Emma Teitel Metro Toronto

Anna Maria Tremonti, host of CBC radio's The Current, moderated a debate this week between two very different American political volunteers: Karen Murphy, a 53-year-old Hillary Clinton supporter, and Anoa Changa, a 34-year-old Bernie Sanders supporter.

It sounded less İike a civil argument than it did a squabble at Thanksgiving between a cranky grandmother and rebellious granddaughter.

The fly in the ointment was generational feminism. Second-wave feminists of Murphy's ilk tend to support Clinton because they long to see a woman — any woman — in the White House. But fourth-wave feminists — millennials — are skeptical of an establishment candidate whose X chromosomes don't change the fact that she is a champion for the status quo.

cnampion for the status quo. Many millennial women support socialist Sanders, who supported gay rights decades before Clinton did and who knows no villain more villainous than income disparity. Sanders is a staunch advocate for the poor and middle class, a position in sync with a modern feminist movement fixated on "intersectionality" (the intersection of class and race in politics).

Old-guard feminists such as Gloria Steinem, who is uncompromising in her support of Clinton, appear to resent this. In fact, in the eyes of some of the world's most esteemed feminists, Hillary Clinton is to the Democratic

nomination what Leonardo DiCaprio is to the Oscars: an "about-time" shoo-in.

What's so ironic about this feminist flame-war is that it is precisely because of advances made by establishment feminists that modern feminists can reject a woman candidate and vote with their heads rather than their hearts.

These older feminists see Clinton as a symbol, but symbols are no longer any match for candidates who, while male, advocate platforms that are likely far more beneficial for women. It's a testament to the success of feminism that women can now dismiss female candidates who don't share their philosophies.

Clearly, second-wave feminists don't see it this way, possibly because their desire to see Clinton in power at all costs isn't really about progress, but mortality. They understandably want to see a woman in the White House before they die. I would, too. But for millennial feminists who have decades of voting ahead of them - and who came of age when the United States elected its first black president - the possibility of a female president appears not just likely within their lifetime, but inevitable. So why should they be expected to lay all their chips on the table for a woman whose politics are a watered-down version of her progressive male rival's? They shouldn't. And, for the good of women everywhere, they won't.

Emma Teitel is a national columnist for the Toronto



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Your essential daily news

Love-struck L.A. marathon runners to be wed during Feb. 14 race





A JOHANNA SCHNELLER WHAT I'M WATCHING Let freedom ring from Levi's Stadium

THE SHOW: Super Bowl 50, halftime show (CBS/CTV) THE MOMENT: Beyoncé's X

After Coldplay lulled us and Bruno Mars funked us up, the field cleared and Beyoncé strode in, wearing black leather and backed by the Dream Defenders, women dancers in Black Panther berets. (Reminding us that like the Super Bowl the Panthers turn 50 this year.)

As Beyoncé launched into Formation, she already knew she owned the day. Though some couldn't make out her lyrics ("I like my Negro nose with Jackson 5 nostrils"), when her dancers formed a giant X, they got the message.

You know you that bitch when you cause all this conversation," Bey sings, and did she ever. The Twitterverse exploded ("Beyoncé is my church").

Throughout Monday, conservative commentators huffed "Does everything have to be about race?" "Does middle America need to see this?" and late-night hosts mocked

"You know what's in middle America?" the Daily Show's Jessica Williams asked. "Ferguson, Missouri."

Haters were simply peeved that Beyoncé showed everyone what a real statement looks like.

Should the Super Bowl be political? Uh, yeah. Beyoncé wasn't to blame, for example, that America had turned Carolina Panthers vs. Denver Broncos into a contest between a black quarterback and a white one. She merely confronted the mood in her country, as an artist should. If you have an audience of 115.5 million, it's your job to rattle their cages.

Nobody objected when Bud Light went "political" with its ad featuring Amy Schumer at a podium, declaiming that guzzling brewskis is the one thing all Americans have in common. Haters were simply peeved that Beyoncé showed everyone what a real statement looks like.

Girl, I hear some thunder.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

LYRICAL ENDORSEMENT

Beyoncé's Formation has **Red Lobster sales spiking**

Queen Bey sent Red Lobster sales soaring 33 per cent on Sunday, one day after the star released her new song Formation.

The song references the seafood chain as a reward for sex, in a line we probably can't publish.

Red Lobster jumped on the publicity, tweeting some Beysus-inspired lines like "Cheddar Bey Biscuits"

and thanking Beyoncé for "one heck of a weekend."

According to the chain, Red Lobster trended on Twitter for the first time ever after the star released her surprise single Satur-

The restaurant's spokesperson Erica Ettori told Business Insider Red Lobster is attributing the sales increase to "the Beyoncé

REBECCA WILLIAMS/METRO

More like Netflix and chili this Valentine's Day #single

Sofi **Papamarko** For Torstar News Service

"How I'm going to spend Valentine's Day," a parody account in comedian Will Ferrell's name tweeted. "Naked, on the floor with a bottle of liquor in my hand, screaming Adele songs to my cat."

The real-life Ferrell is a happily married man. Nonetheless, the tweet quickly became a meme. It continues to be posted and shared by self-aware singles, steeped as they are in anxiety about hitting the lowest possible lows on a depressing holiday.

It's easy to forget that Valentine's Day is just another day. Here are some suggestions for how singles can make it through those 24 hours without listening to 25 on repeat or otherwise marinating in self-pity.

Netflix and chill

Take "Netflix and chill" to the next level: watch Netflix and chill by yourself. (Where chill = a pint of Ben & Jerry's). Also acceptable: Netflix and chili.

Host a cocktail party for singles

If you're a single person lucky enough to have a network of single friends, have everybody over for cocktails, canapés and conversation. The best bad-date story wins a prize.

Pound it out

The rush of endorphins that accompanies a great workout will counteract the singleton blues. Happy bonus: you can confidently make eyes at everyone around you: if the are at the gym on Feb. 14 they're probably single, too.

Polish your dating strategy

Update your online dating profiles. Snap a new glamour shot for Tinder or Scruff.

Look into upcoming singles events and meet-ups. Hire a matchmaker. It's empowering to know you're doing everything you can to up the dating ante.

Get out of town

Feb. 14 falls on a long weekend this year. Take advantage by booking getaway for yourself or a group of friends. Spend Valentine's Day on the slopes, at a

day spa in Old Montreal or at a friend's winterized cottage.

Call somebody you care about

Whether it's a parent, a child, an old friend or a favourite aunt, reach out to someone you love.

Valentine's Day emphasizes romantic love, but other forms of love are equally worthy of celebration. Love the ones you've got.

Romance a friend

Who says only couples can take advantage of all of the overpriced prix-fixe menus across town?

Spend some quality time with a good platonic pal by planning a "date" with them. Dress up nicely and wine and dine each other at a fancy restaurant or cook a really elaborate gourmet meal together.

Love a dish best served at home

Baked scallops a delectably simple make-ahead dinner

Valentine's Day can throw the best of us into a wild panic. How to show the one you love the way you feel without succumbing to clichés?

Booking a table at a romantic restaurant for the set steak dinner with a side of heavy breathing couples, or buying a bunch of roses on the way home — always lovely, but never original.

What everyone wants is to feel like they're being thought about or cared for. Making something for someone does exactly that because it's a simple act of love. It need not be a pudding flambé or an Eiffel Tower-high croquembouche, just something special.

This Valentine's Day, take a pass on the expected. As in, ditch the restaurant reservations. You're just going to get overcharged for so-so food, anyway. Instead, stay home and show your lover how much you care by assembling this simple
— but impressive — baked scallop dinner.

The beauty is that this recipe, which bathes scallops in a cream sauce and tops them with crispy panko bread crumbs, is easily prepped up to 24 hours ahead, then refrigerated until you are ready to serve.

When you are ready for romance, just heat the oven to 400 F and pop the individual servings in for about 10 minutes. The result is impressive enough that you won't miss the restaurant experience even

Just add some crusty bread and a salad and you'll have a complete meal.

> YOU WILL HEART THIS RECIPE It can easily be prepped up to 24 hours ahead of time and then refrigerated until ready to be baked for just 10 minutes.

Baked Bay Scallops with Lemon Garlic Cream

Start to finish: 30 minutes Servings: 2

Ingredients

• 1/2 cup panko



Baked Bay Scallops with Lemon Garlic Cream is made for two. THE ASSOCIATED PRESS

bread crumbs

- 1 Tbsp butter, melted
- Kosher salt
- 2 Tbsp finely grated Parmesan cheese
- 2 tsp chopped fresh thyme
- · 2 cloves garlic, minced
- 1 Tbsp lemon zest Ground black pepper
- 1/2 cup heavy cream
- 2 cups (16 oz) bay scallops, cleaned (any tough muscles removed)

1. In a small bowl, combine the bread crumbs, butter, a pinch of salt and the Parmesan. In another small bowl, combine the thyme, garlic, lemon zest, a hefty pinch of black pepper and the cream.

2. Divide the bay scallops between 2 individual gratin dishes. Pour half of the cream mixture over each dish of scallops, then sprinkle each evenly with the bread crumbs. At this point, the scallops can be wrapped and refrigerated for up to 24 hours or baked immediately.

3. When ready to bake, heat the oven to 400 F. Place the gratin dishes on a baking sheet. Bake for 8 to 10 minutes, or until the cream is bubbling all over and the crumbs are browned.

THE ASSOCIATED PRESS

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FINANCING





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1957 Ferrari most expensive car sold at auction (in Euros) at 32M€

Hybrids continue to make converts





THE COMPETITION

Toyota Camry Hybrid

Base price: \$29,085

Honda Accord Hybrid Base price: \$29,990

Ford Fusion Energi

Base price: \$28,**79**5

THE CHECKLIST | 2016 HYUNDAI SONATA HYBRID

THE BASICS

Type. Five-door, fivepassenger, FWD midsize sedan.

Power. 38 kw electric motor and 154-hp 2.0-litre 14 (approximately 193 combined hp). Transmission. Six-speed

automatic. **Price.** Base \$29.649 (plus

destination).

COOL FEATURES

- · Unique in class, superbig, two-pane panoramic sunroof.
- Big hybrid battery located under rear seats, to keep trunk volume high, and facilitate a 60/40 fold-
- ing feature measures your level of driving aggression.



MAIN: MIKE GOETZ/FOR METRO: ALL OTHERS HANDOUT

POINTS

- Visually different and aerodynamically superior to regular Sonata. Same super low 0.24 coefficient of drag as Tesla Model S.

 Highest interior volume of all midsize hybrids.
- Plug in version coming, up to 35 kms.

MARKET POSITION

- · Greener version of Hyundai's high-selling midsize Sónata sedan.
- sedan.

 Prioritizing style, comfort and legroom over sportiness.

 The shape of things to come: Hyundai's recently announced it would significantly increase spending to develop more eco friendly and self-driving

A green ride that's different than most

Mike Goetz For Metro Canada



Taxi operators love hybrids. Most car buyers, however, are just not willing to commit.

But hybrids continue to make more fans every day, and automakers like how hybrids can help them meet current and future corporate fleet fuel economy standards. So hybrids sales are rising, albeit slowly. The second-generation Hyundai Sonata Hybrid was launched late last summer, and shows just how loveable a modern hybrid can be, despite their relative anonymity. Hyundai's hybrid technology is bit different than most. Hyundai uses a "regular" six-speed automatic transmission instead of a CVT or planetary type, and a "regular" gas engine instead of one running on the Atkinson cycle.

Hyundai also places the electric motor between the gas engine and the transmission. It's simpler design, and not necessarily inferior. The vehicle can drive entirely on electric power, even at highway speeds.

For 2016, Hyundai gave Sonata Hybrid a smaller gas engine (now 2.0-litres) and a larger lithium ion battery pack (now with a capacity of 1.62 kWh). The latter now moved under the rear seats, to free up trunk space and facilitate a trunk pass through. You hardly know the extra electric powertrain pieces are there.

Hyundai also continues to give the hybrid model a distinctive look over the regular Sonata, with unique front grille, bumpers, lights, and wheels. It was also fitted with the company's latest safety stuff, like driver's knee air bag, rearview camera, forward collision warning, blind spot detection, rear cross traffic, and a lane departure warning system with forward-facing cameras. Also new is the infotainment system, highlighted by enhanced voice command, Bluetooth, and the optional and large navigation screen that can support Pandora and Siri. Apple CarPlay and Google Android Auto are coming later in the model year.

Unless you're really aggressive with your right foot, the Hybrid uses electrical power to shove off from a dead stop, and with the more powerful electric drivetrain, it's a great feeling, with smooth, silent thrust. Regenerative braking is also very smooth, and another example of the next level of hybrid refinement offered by this Sonata.

Fuel economy is rated at 5.9 L/100 km City, 5.3 Highway, and 5.6 Combined. If you're looking for optimum fuel efficiency you'll select the ECO mode. Unfortunately this really affected the quality of the driving experience — much slower, and with unpleasing engine vocals. I couldn't stay in ECO for more than a few minutes. As far as I can see, not much else is wrong with the 2016 Hyundai Sonata Hybrid. And with a base price of \$29,649, the vehicle represents a lot of technology, size, style — and fuel efficiency — for the money.

ing rear seat back. • New eco-driving coachwith an all-electric range of

Porsche introduces electric Mission E sports sedan

The first 100 per cent electric- more than 1,000 new jobs at car is on its way in the guise of the seductively styled Mission E sports

In making the announcement, Porsche executive board chairman Oliver Blume called it the "beginning of a new chapter" in the history of the sports car.

The Mission E, due to be launched in about three years, will require an investment of almost \$1 billion US and

ally powered Porsche sports Porsche's Stuttgart-Zuffenhausen factory in Germany.

> Ťhe fourdoor car with COSTS four individ-The Mission E will ual seats will require a nearly \$1 billion US have an output equivainvestement. lent exceeding

600 horsepower, will achieve zero-to-96 km/h in less than 3.5 seconds and have a per-charge range of more than 495 kilometres.



Porsche's Mission Esports sedan is due to launch in about three years. HANDOUT

🚹 IN BRIEF



Honda provides insight on Clarity

When it goes on sale in the U.S. late in 2016, the Honda Clarity hydrogen-fuel-cell sedan will become the third current production hydrogen vehicle available for sale in North America, and the first with a hydrogenelectric powertrain that's compact enough to fit entirely under the hood. WHEELBASE MEDIA



Sens-ible decision for Leafs

NHI

Toronto clears up cap space by trading captain to rival

For the Ottawa Senators the help comes now, for the Toronto Maple Leafs it comes later.

A mammoth nine-player swap between Ontario rivals Tuesday saw Leafs captain Dion Phaneuf land in the nation's capital in a trade that props up a mostly inexperienced Ottawa defence while shedding Toronto of another core player and his long-term contract, one that carries a \$7-million US annual salary-cap hit and expires in 2021.

"I think both parties ended up where they want to be at this moment." Senators general manager Bryan Murray said of the trade. "We'll see now how it works out."

Phaneuf, at the very least, upgrades the Senators' back end as they try to catch up in the Eastern Conference playoff race. The 30-year-old instantly

ON THEIR WAY TO T.O.

In addition to salary-cap relief, the Maple Leafs added a

former first-round pick in defenceman Jared Cowen,

who struggled to find his way in Ottawa, along with

slowing 31-year-old winger Milan Michalek, a

forward Colin Greening and prospect Tobias

Lindberg. Ottawa also received AHL forwards

Matt Frattin, Casey Bailey, Ryan Rupert and

junior defenceman Cody Donaghey.

second-round draft pick in 2017, 28-year-old AHL

adds experience, penalty-killing acumen and some offensive capability to an Erik Karlsson-led group that features four defenders with less than 300 games of NHL experience.

Phaneuf recently played his 800th career NHL game, a total that far surpasses any of his new teammates on defence.

Murray had been looking for a left-shooting defenceman to play on one of his top two pairs, a hole that Phaneuf immediately fills. He's expected to play alongside 22-year-old Cody Ceci when the Senators visit the Detroit Red Wings on Wednesday night.

"He'll just bring, we hope, a presence to this organization," said Murray. "We don't expect him to come in here to be a saviour. We expect him to come here and just be the hockey player he is."

Phaneuf was enjoying one of his better seasons as a Leaf, a redemptive one in many ways following a challenging 2014-15 season which saw him finish with just 29 points. The Leafs, in a likely attempt to prop him up for just such a trade, were employing their captain in 3

This is a transaction that certainly wasn't for today.

Leafs GM Lou Lamoriello

less strenuous duties under new head coach Mike Babcock. Phaneuf was no longer matched up against top lines, killing fewer penalties and getting more looks in the offensive zone.

On pace for nearly 40 points and averaging 22 minutes per game, Phaneuf will get a fresh start with his third NHL team, all of them Canadian.

"Dion's ready now to win and we're not ready to win," Babcock said. "It was a hard decision. I think it's a good decision for Dion."

Beyond the injected experience, the Senators have to hope that Phaneuf helps them defensively. They surrender a league-high of more than 33 shots per game and yield more than three goals nightly, the third-worst mark in the league.

Murray said he hoped the trade would help Ottawa contend for the playoffs not only this spring, but beyond.

"At the end of the day we're in a business that is about winning and all I'm trying to do is help the Ottawa Senators be a winner," he said.

THE CANADIAN PRESS



Dion Phaneuf takes a contract that runs until 2021 to Ottawa to join the Senators. CLAUS ANDERSEN/GETTY IMAGES

IN BRIEF

Browns deny lying about Manziel's concussion

The Cleveland Browns are defending their handling of Johnny Manziel's late-season concussion.

The team issued a statement on Tuesday saying Manziel was diagnosed with a concussion on Dec. 30 by an independent neurologist, countering an NFL Network report that they lied about the injury to cover up the troubled quarterback showing up intoxicated for practice.

"Johnny Manziel came to our facility on the morning of December 30th and complained of concussion symptoms," the statement read. "He was tested by an independent neurologist and entered the league's concussion protocol. He remained in the protocol until January 12th after being cleared by the independent neurologist." THE ASSOCIATED PRESS

Donaldson's deal to stay with Jays close, source says

AL MVP Josh Donaldson and the Toronto Blue Jays are nearing agreement on a \$28.65-million, two-year contract, according to a person familiar with the negotiations.

The person spoke on condition of anonymity to The Associated Press on Tuesday because the agreement had not been completed. The progress toward a deal was first reported by Sportsnet.

THE ASSOCIATED PRESS



BRONCOS PARTY LIKE IT'S 1999 Super Bowl MVP Von Miller hoists the Lombardi Trophy high for the fans to see during a victory parade in Denver on Tuesday. Fans lined a 2.4-kilometre downtown route as the Broncos rode by atop fire trucks. Denver beat Carolina 24-10 in Super Bowl 50 on Sunday to win its third championship — first since 1999. JACK DEMPSEY/THE ASSOCIATED PRESS

Newton stays unapologetic

Panthers QB defends his actions after **Super Bowl loss**

Cam Newton isn't apologizing for acting like a "sore loser" after the Super Bowl.

The league's MVP has been widely criticized for walking out of a three-minute news conference after a 24-10 loss to the Denver Broncos on Sunday, in which he answered questions with mostly oneand two-word responses while sulking in his chair wearing a black Carolina Panthers hoodie over his head.

"Show me a good loser and I'll show you a loser," Newton said Tuesday as players cleaned out their lockers at the team's downtown stadium. Newton said he

believes the situation is being overblown by the media, and added he doesn't plan to change how

Nevada sportsbooks took in a record \$132.5 million in a record \$13.2.5 million in wagers for Super Bowl 50. They kept about 10.1 per cent of the wagers (\$13.3 million) as gamblers bet heavily on the Panthers.

he reacts to losing just to appease his critics.

"If I offended anybody that's cool, but I know who I am and I'm not about to conform nor bend for anybody's expectations because yours or anybody's expectations would never exceed mine," Newton said.

The quarterback went on to say, "Who are you to say that your way is right? I have all of these people who are condemning and saying this, that and the third, but what

makes your way right?" At one point during Newton's

nearly seven-minute interview, his teammates walked behind the media gathered three-deep around his locker and starting saying, "We love you, Cam," and even sang him a song lightening the mood.

Newton said his emotions were raw after the game and he simply didn't want to talk to the media.

"When you invest so much time and sacrifice so much and things don't go as planned, I think emotions take over, Newton said. "I think that is what happens."

Panthers coach Ron Rivera said while he prefers his fifthyear quarterback would have handled the situation a little better, he understands where he is coming from and what he felt at the time.

"That's who he is. He hates to lose, that's the bottom line,' Rivera said. "That is what you love in him. I would much rather have a guy who hates to lose than a guy who accepts it. The guy who accepts it, you might as well just push him out of your locker-room because you don't want him around.

"That is a beauty of a guy like that — he wants to win and his teammates know it. That is what it is about. We don't play this game for a participation trophy. We want to win." THE ASSOCIATED PRESS



Clippers suspend Griffin for punching team staffer

Blake Griffin was suspended four games without pay on Tuesday for punching a team staff member, and the Los Angeles Clippers will dock the star forward's pay for an additional game because he broke his shooting hand.

In all, Griffin will lose \$859,442 from his season salary of \$18,907,725.

A team spokesman said the suspension will begin when Griffin is healthy, cleared to play and active. He was expected to be out four to six weeks while his hand heals from the Jan. 23 altercation in Toronto. THE ASSOCIATED PRESS

Lions' star linebacker says **Achilles recovery on track**

Linebacker Solomon Elimimian was at the B.C. Lions' suburban practice facility on Tuesday to get checked out by the team's medical staff, and told reporters afterward that he will be ready for training

The 2014 CFL most outstanding player ruptured his Achilles tendon in August and has been rehabbing in Carson, Calif., at the same facility used by the Los Angeles Galaxy of Major League

"A lot of things have to fall into place, but so far I feel like I'm ahead of the curve," Elimimian said. THE CANADIAN PRESS

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RECIPE Easy Tomato Tart



Ceri Marsh & Laura Keogh For Metro Canada

This nice, light pizza makes an easy dinner when served with a salad. But you could also cut it into smaller pieces and serve it as hors d'oeuvres at a cocktail party.

Ready in

Prep time: 15 minutes Total time: 40 minutes Serves 6

Ingredients

- •1 sheet of puff pastry
- 2 Tbsp olive oil, approximately
- 1 pint of cherry tomatoes • 1/4 cup chopped fresh herbs
- (I used parsley and basil but thyme and rosemary would be nice too)
- 1/2 cup grated mozzarella cheese
- 1/2 cup grated Parmesan cheese Salt and pepper to taste

Directions

1. Preheat oven to 400 F.

2. Most puff pastries come in a package with two sheets of dough and you'll only need one. Put the other back in the freezer for another time.

3. Tear off a good-sized sheet of parchment paper, say 16 or 18 inches long. Lightly flour the paper and use a rolling pin to roll out the pastry into approximately an 8- by 12inch rectangle. Use a fork to prick holes all over the dough. Now take a small, sharp knife and create a border about 1/2 inch in, all around the rectangle, being careful not to cut all the way through!

4. Drizzle the oil over the pastry. Now scatter the cheese. Then place tomatoes on top. Sprinkle your herbs on top and add a pinch of salt and pepper

5. Place in a hot oven for 20 to 25 minutes until the pastry is golden and the cheese is bubbling. Allow to cool slightly before cutting. Serve with a simple salad.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Woodstock emcee Mr. Gravy 5. Lakes: French 9. Southern Alberta town 14. Corn lilv 15. Is part of the kit [abbr.] 16. Actress Chris-17. One on the ground waiting in ambush 18. Advertising _ 19. Intensify with energy: 2 wds. 20. Canadian legend Nancy Greene, famously: 2 wds. 23. Bad _ (German spa resort) 24. 'Expert' suffix 25. Firstborn 28. Complains 31. Musical comedy, "Mamma _!" (2008) 32. Soft cheese 34. Airline to Israel: 2 wds. 35. The Family Circus cartoonist Mr. Keane's 36. Bellowing 37. Ad _ (Relevant) 38. Crack 39. Does 'lofty' farm work 40. Apothecary weight 41. Hearers 42. Fit Fiddle link:

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45. Guggenheim

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Museum locale

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[acronym] 48. Droop 51. Motorist's message medium: 2 wds. 55. Roots realm 57. Mr. Lugosi 58. Read: French

59. Kitchen ap-

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63. Dog breed,

Terrier 64. Legal bar gaining

DOWN 1. Actress Olivia 2. Self-evident

truth

3. Opinions 4. Cardigan 'cord' 5. Mediate

6. England, in France 7 Nero's 350 8. Mr. Stallone's. briefly

9. Where to find hikers, bikers and nature likers 10. Did this in the game of darts 11. Canadian politician Christy Clark = 12. Old French coin 13. Pants split 21 Winter: French 22. Ship's balancer 26. 1861 George Eliot 27. Chore 28. Some makes of cars 29. One of an athletic shoe's turf grippers 30. Lauren of "Mr. D" on CBC 32. Enforcer in "The Godfather" (1972), Luca _ 33. RBC = Canada 35. Scottish hillside 36. Captain in "Moby Dick" (1956) 38. "Ugly Betty" actress Ms. Newton 40. Lose one's grip 43. Spoil, spa-style 44. Write down the music score 46. WWII's Battle of the 48. Acquired ability 49. Variant-spelled cliff nest 50. Ms. Van Susteren of FOX News 52. Dwindles

53. Stenchify

54. Applaud

container

55. _ Lanka 56. Chickpeas

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 If you haven't been rewarded for the time and effort you've put into your work you will be soon. But whatever you receive won't match the pride you have for doing such a good job.

Taurus April 21 - May 21 There's more to life than money and power. Whatever it is that inspires you go after it with purpose and passion. Follow your star wherever it leads - it is sure to be some place good.

Gemini May 22 - June 21 Why are you worrying so much? What happens over the next two or three days will finally convince you that fear is not only a useless emotion but also a dangerous one.

Cancer June 22 - July 23 Loved ones have not been quite so helpful of late but only because they had a lot on their plate. Today, however, they will go right the other way and give you as much attention as you need. Show your appreciation.

Leo July 24 - Aug. 23 Good news will lift your spirits but don't start thinking that nothing can go wrong. You can take silly risks. so if someone tells you to watch your step maybe you should listen.

Virgo Aug. 24 - Sept. 23 Life has been a lot of fun of late, but don't ease up too much because other aspects point to a more serious phase. Family issues need to be handled with tact and discretion today.

Libra Sept. 24 - Oct. 23. Your efforts are about to pay off All the people you helped will do something special to thank you. The real reward, however, is knowing you have made a difference.

Scorpio Oct. 24 - Nov. 22 Doors that have been shut to you in the past will be flung wide open. Why the sudden change? Most likely it is because you have stopped trying so hard to be accepted - so it's no longer fun for others to say "no."

Sagittarius Nov. 23 - Dec. 21 You have made a lot of sacrifices and you will soon get your reward. Jupiter will make it easy for you to connect with people in positions of power. Tell them what you need.

Capricorn Dec. 22 - Jan. 20 You think that time is running out but there's still time to do something out of the ordinary, something others will talk about for years to come. Don't waste any more time making plans, just do what feels right.

Aquarius Jan. 21 - Feb. 19 The sooner you believe Lady Luck is on your side the sooner good things will start happening. Actually they're happening already but you seem determined not to notice. You're letting opportunities pass you by

Pisces Feb. 20 - March 20 If you feel a touch depressed you should dress sharp and hit the town with your friends. A night out will take your mind off your worries.

CONCEPTIS SUDOKU by Dave Green

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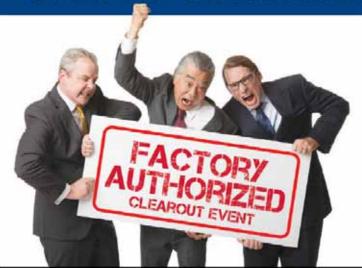
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and metronews.ca/games

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